## 华人福音基督教会 凯瑞堂 服饰规范

华人福音基督教会是以敬拜和服侍神为主旨的团体,在本质上与社交团体和世俗场合完全不同。虽然教会对会友在穿着上没有严格的要求,但敬请所有会众,本着荣耀神,并造就他人的精神,在选择服饰上遵循以下的原则和规范。本规范适用于教会主办的所有活动,如主日敬拜,小组聚会、集体旅游、及退修会等等。鉴于基督徒也是向世人作见证的光和盐,所以也建议弟兄姊妹们 在每天日常生活的穿着中加以参考。

原则(根据基督所教导的最大的诫命):

- 我们所敬拜的神是万王之王,万主之主,远超出世上一切的尊位。因此,与祂相会,值得我 们为祂选择最上好及最庄重的服饰。
- 与我们一同相聚的弟兄姊妹,与我们一样都是正在成圣当中的罪人,他们均面对世上各种情欲的挑战(约一2:16)。在服饰选择上,我们当顾及如何保全弟兄姊妹的圣洁,免于让任何人陷入试探当中。
- 每位弟兄姊妹都是神独特的创造,均具备体现这一奇妙创造的表征。但圣经也告诉我们,我们真正吸引人之处在于活出基督的样式,并展示诸如怜悯和温柔等等使神得荣耀的属天品格(赛53:2;加5:22-23;彼前3:3-4)。

规范(适合弟兄及姊妹):

- 请留意服饰总体的长度。上身服饰的长度应当至少遮盖整个腹部。下身服饰的长度应当至少 低于两手自然下垂时中指指尖的位置。
- 请留意服饰的剪裁设计。对于上身的服饰,请避免袒露肩膀、胸口、肚皮、以及上身两侧的 衣服,比如小背心、女内衣、无背装、深V领等等。对于下身的服饰,请避免裤带低于腰部 及长度过短的着装。
- 请留意服饰贴身的松紧。不论是上衣还是下衣,不拘衣料和长短,那些特别紧身以突出身体 轮廓的衣服,以及特别宽松以致于在无意中也容易曝光的衣服,均不合宜。
- 请留意服饰上的图案。请避免一切宣扬世俗文化和生活形态的口号及图案,例如酗酒、吸烟、毒品、世俗音乐团体、种族歧视、性别歧视、仇视他人等等。
- 请留意服饰的设计意图。请避免吸引人注意自己的内衣或身体的隐私部位的服饰,比如一些带网眼或透明的衣服,或不适合于某些姿势和动作的着装。

谢谢大家的理解和配合,愿赞美归于真神,使祂的名得荣耀。

## **CCMC-Cary Dress Guidelines**

At CCMC-Cary, we strive to promote an atmosphere that is God-glorifying and people-edifying. These principles and guidelines are meant to help us focus on our Lord and Savior Jesus Christ and be free from all distractions in all church sponsored gatherings including Sunday service, small group gathering, retreat, etc. We hope that these guidelines will clarify what is respectful and appropriate to wear not only to church, but in everyday life. As you pray and ask the Lord about your style and manner of clothing, He will give you clear guidance and insight as to what is honoring to Him.

Principles (based on the two Greatest Commandments)

- Let us be of the conviction that God is kingly and endearing, honorable and personable, both Lord and Lover of our souls, therefore worthy of us putting our best dress forward while not stepping into vanity, self-attention and luxury.
- Let us be of the conviction that our brothers and sisters, like ourselves, are sinners presently still susceptible to the lust of the flesh and eyes as well as the pride of life (1 Jn 2:16). Therefore, what and how we dress should be directed by our passion to respect them as well as to care and safeguard the purity and sanctity of one another, even if at the expense of our personal preferences and comfort.
- Let us be of the conviction that as much as our present external adorning could possibly showcase the aesthetics and creativity that is of God, ultimately it is adorning ourselves in Christlikeness, such as compassion or a gentle spirit, that will be the God-glorifying, people-edifying divine beauty that will never go out of style (Isa 53:2; Gal 5:22-23; 1 Pe 3:3-4).

Guidelines (for both brothers and sisters)

Please be mindful of the length, cut, fit, graphics, and design for both tops and bottoms.

• Length

For tops, the hem should *at least* rest low enough in order not to expose the midriff. For bottoms, the hem should *at least* rest past the tip of the middle finger when the arm is fully extended straight by the side of the body.

• Cut

For tops, please refrain from wearing tops that will expose the shoulders, chest, midriff and back, even the sides, e.g. spaghetti straps, tank straps, tank tops, camisoles, backless dress, deep V-necks tops, and so on. For bottoms, please refrain from those which are low riding at the waist.

• Fit

Please refrain from tight-fitting clothing, which inadvertently draws out and draws attention to the silhouette of the respective anatomies. Please refrain also from clothing that is overtly loose or saggy, which lends itself easily to indecent exposure, even when unintended.

• Graphics

Pease refrain from graphics that explicitly or implicitly propagate godless messages and lifestyle e.g., alcoholism, tobacco, illegal drugs, secular music groups, racism, sexism, hatred of any human, and so on.

• Design

Please be cautious of the exposure of inner garments and private body parts, such as through laced/ translucent fabric, layering, even body postures and movements.

We praise God and appreciate your understanding and partnership. To God be the glory.

*所以你们或吃或喝,无论作什么,都要为荣耀神而行。『林前* 10:31』 "So whether you eat or drink or whatever you do, do it all for the glory of God." 1 Cor 10:31